Newsletter

Drouin West Primary School
‘Nurture, Enrich, Inspire, Succeed’

Issue 5/13 Hours of supervision: 8.45am—3.45pm 27th February, 2013

IMPORTANT DATES AND EVENTS TO REMEMBER:

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<th>Mondays</th>
<th>Lunch orders and Student Banking</th>
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<tr>
<td>Wednesday</td>
<td>February 27th</td>
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<tr>
<td>Tuesday</td>
<td>March 5th</td>
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<td>Thursday</td>
<td>March 7th</td>
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<td>Monday</td>
<td>March 11th</td>
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<td>Wednesday</td>
<td>March 13th</td>
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<td>Sunday</td>
<td>March 17th</td>
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Fair Meeting in the staffroom at 7.30pm all welcome
Division Swimming
Fair Meeting in the staffroom at 7.30pm all welcome
Labour Day Public Holiday - student free day
Fair Meeting in the staffroom at 7.30pm all welcome

Drouin West Primary School Fair
Sunday March 17th
11am to 3pm

Like Us On Facebook

Connect to Drouin West Primary School Fair on Facebook and checkout the latest news and updates.

There is still room in the hampers in each classroom, so remember to bring along your donations please.

Please take the time to offer your help on the day, even if just for a short time.

If anyone has a money pouch/bumbag that we can use on the day please bring it to the office.

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Drouin 3818

Phone: 03 56 251971

Fax: 03 56 252175

535 Main Neerim Road
Drouin West 3818

Email: drouin.west.ps@edumail.vic.gov.au
From The Principal’s Office

**Tea Under the Oaks**
What a fabulous relaxed evening we had for “Tea Under the Oaks” this year. It was lovely to be able to chat with families and amazing to see the energy levels of the children who came along. We believe around 70 people came along to meet up with friends and introduce themselves to new families into our school community. Thank you to the families who came out to the school to make this event a success.

**Advice from Consumer Affairs Victoria on Purchasing External Education Software**
Consumer Affairs Victoria (CAV) has issued a warning to teachers and parents on being approached by high pressure salespeople selling educational software.
CAV has identified parents of multicultural families as being at particular risk as they comprised up to 40 per cent of people complaining about educational software sales last year.
Consumer Affairs Victoria recommends that anyone thinking of signing up for one of these programs should:

- shop around - similar programs may be available for much less and price is no guide to quality, whatever the salesperson might say
- be sure that they can afford it. If you sign a credit contract, it will cost you much more in interest
- be aware they can cancel contracts in certain circumstances under the Australian Consumer Law.

You have ten days to reconsider an ‘unsolicited consumer contract’ made through door-to-door or telemarketing sales.

Parents concerned about education software sales and contracts can access information from Consumer Affairs Victoria on 1300 55 81 81

**International Competitions and Assessments for Schools**
Each year children in Year 3-6 are given an opportunity to participate in the International Competitions and Assessments for Schools. The competitions will cover Science, Computer Skills, Mathematics, English, Writing and Spelling. Please read the information attached to this newsletter for further information. Please ensure the reply slip and payment is returned to school by the last day of term 1 should you wish for your child to participate in 2013.

**School Council 2013**
Congratulations to the following parents who have nominated to be on Drouin West School Council for a two year term: Karl Joiner; Catherine Thorpe; Trudy Walker and Mark Smith. The first meeting of the new council will be held on Tuesday March 19 at 7.30pm.
Congratulations also to Paul Mahoney who will continue on Council as a DEECD employee member.

As the nominations equal the vacancies we will not need to conduct a ballot in either membership category.

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**Science Happenings**
Next week on Tuesday March 5th and Wednesday 6th all grades will be making slime.

The ingredients are corn flour, water and food colouring. If your child has any allergies to these please let me know.

Children will need to bring a named snap lock bag to put their slime in (snack or sandwich size), a teaspoon for stirring (a strong plastic spoon will do), and a named ⅛ cup measuring scoop if you have one (this can be shared between brothers and sisters).

Grades prep, prep/1, 1/2 and 2/3 have science on Tuesdays and grades 3/4, 4/5 and 5/6 have science on Wednesdays.

I would also like to collect bottle tops (plastic or metal) cardboard rolls from inside lunch wrap (no toilet rolls due to hygiene problems), bubble wrap, corks and any other little bits and pieces children could use for building and decorating models.

thankyou
Marion Proctor

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**State Victorian Team Nominations for Basketball, Netball, Football and Soccer**
Nominations for the School Sport Victoria Basketball, Netball, Football and Soccer Teams are now open.
Drouin West is able to nominate gifted and talented students to participate in the trial process.
Nominations shall only include children born in 2001, 2002 or 2003. I f you think this would be an opportunity your child would be capable of and interested in, please come and speak to Mr. Dawson.

The cut-off date for this is Monday March 25th.
Super ‘B’ Award Winners

Super ‘B’ award winners for week 3, term 1:

<table>
<thead>
<tr>
<th>Class</th>
<th>Name</th>
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<tbody>
<tr>
<td>PrepA</td>
<td>Lachlan McDonald</td>
</tr>
<tr>
<td>Prep/1A</td>
<td>Amber Gvozdic</td>
</tr>
<tr>
<td>1/2A</td>
<td>Shelby Clara</td>
</tr>
<tr>
<td>2/3A</td>
<td>Ayden Narayan</td>
</tr>
<tr>
<td>3/4A</td>
<td>Jack Smith</td>
</tr>
<tr>
<td>4/5A</td>
<td>Claire Giles</td>
</tr>
<tr>
<td>5/6A</td>
<td>Hunter Smith</td>
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Joke of the Week

What do you call a cranky bear?

A grizzly.

Extra curriculum opportunities.

Parents can contact individual musical teachers to arrange private lessons.

Drum & Guitar Lessons— Peter Brown. Monday afternoons. Phone: 0437 595 490 or email: monkeydrum@live.com.au

Piano Lessons— Karen Thomson. Mondays 11am onwards Phone: 0356 299 268

Singing Lessons— Tammy Patrick Thursdays 9.15am. Phone: 0356 233 948 or 0428 233 948

Flute Lessons - Anne Bridgeman Tuesdays 0418 356 020.

Swimming

Year Levels: Prep-2
Dates: March 6, 13, 20 & 28
Coaches: Jackie Puncher and Wendy McLean
Time: 4.45-5.45pm
Please note the time
Venue: Drouin Secondary College Heated Pool.

Martial Arts

Year Levels: 3-6
Dates: March 5, 12, 19 & 26
Coach: Kael Coster
Time: 3.15-4.15
Venue: Drouin West P. S.
Plastic Bottled Water DIOXIN Danger

Bottled water in your car is very dangerous! It has been identified as the most common cause of the high levels of dioxin in breast cancer tissue.

Women should not drink bottled water that has been left in a car. The heat reacts with the chemicals in the plastic of the bottle which releases dioxin into the water. Dioxin is a toxin increasingly found in breast cancer tissue. So please be careful and do not drink bottled water that has been left in a car. Use a stainless steel canteen or a glass bottle instead of plastic!

This information is also being circulated at Walter Reed Army Medical Center. No plastic containers in microwaves. No plastic water bottles in freezers. No plastic wrap in microwaves.

Dioxin chemical causes cancer, especially breast cancer. Dioxins are highly poisonous to cells in our bodies. Don’t freeze plastic bottles with water in them as this releases dioxins from the plastic. Recently the Wellness Program Manager at Castle Hospital, was on a TV program to explain this health hazard.

He talked about dioxins and how bad they are for us. He said that we should not be heating food in the microwave using plastic containers. This especially applies to foods that contain fat. He said that the combination of fat, high heat and plastic releases dioxin into the food.

Instead, he recommends using glass, such as Pyrex or ceramic containers for heating food. You get the same result, but without the dioxin. So, such things as TV dinners, instant soups, etc., should be removed from their containers and heated in something else. Paper isn’t bad but you don’t know what is in the paper. It’s safer to use tempered glass, such as Pyrex, etc. He reminded us that a while ago some of the fast food restaurants moved away from the styrene foam containers to paper. The dioxin problem is one of the reasons. Also, he pointed out that plastic wrap, such as Cling film, is just as dangerous when placed over foods to be cooked in the microwave. As the food is nuked, the high heat causes poisonous toxins to actually melt out of the plastic wrap and drip into the food. Cover food with a paper towel instead.
Chaplain’s News

Hi everyone!

You may have seen advertised in the local paper a seminar on “Depression” coming up at Warragul Regional College on Wednesday 27th February from 7:30-9pm.

Martin Gillespie is a qualified counsellor and manages both The Living Springs Counselling Centre in Berwick and the new Chrysalis Counselling Centre in Warragul. Martin is running a series of talks on:

- Depression: Wed 27th February,
- Anxiety: Wed 6th March,
- Grief: Wed 13th March

Each seminar helps those who attend not only to identify each of these emotional experiences, but also to discover ways of managing and controlling them. Further information about each of the seminars is available from:-

www.chrysaliscounselling.org.au

I highly recommend these sessions if you know someone who maybe struggling or maybe you or your family might be struggling.

There is a cost to each session $15 for an individual or $20 a couple or for the series $50 for an individual or $60 for a couple.

If you would like more information please collect a pamphlet form outside my office or see the following details.

RSVP: office@cocwarragul.com.au
Contact: Martin on 1300 47 31 47

Take Care everyone!

Wendy Ronalds (Tuesday/Wednesday)

Acknowledgement: National School Chaplaincy and Student Welfare Program have been funded by the Australian Government Department of Education, Employment, and Workplace Relations. The views expressed herein do not necessarily represent the views of the Australian Government Department of Education, Employment, and Workplace Relations.

Happy Birthday !!!!!!!!

Happy birthday to the following students who celebrate their special day during the week of Monday, 25th February to Sunday, 3rd March.

- Jack Doherty 2/3A, Oliver Robley 00A, Tarilyn 1/2A, Ashden Milner 0/1A and Mikaela Trimble 0/1A.

Don’t forget to come to the office and collect a birthday sticker.

BLAST OFF!

Come along for a night of fun & games, do a craft/activity, hear a story and have tea together! For kids in school year 1—3

Fortnightly on Fridays between 5:30pm-7pm during school term starting March 8th at the Community Church hall 1-29 Wills Street, Warragul.

Cost: $3.00

Free Fun Day

Where: Civic Park Warragul
When: Saturday 23rd March
Time: 10am-3pm

Community Church Warragul Inc. #A0035075H
Hello everyone,

Term 1 has seen students in the senior school busy participating in athletic sports, getting ready for the senior school athletics day. The day will consist of each age group (9Boys, 9Girls, 10Boys, 10Girls, 11Boys, 11Girls, 12/13 Boys and Girls) rotating around 7 athletic events: Hurdles, Long Jump, Shot Put, High Jump, 200m, Discuss and Triple Jump. At the conclusion of this, the students will participate in the relay trials with a sprint across the oval. After lunch, trials for the 800m will take place for interested students. We still need volunteers to assist on the day. If you could help, please fill out the form below.

Also, at approximately 1:05pm we will hold a “BEE ACTIVE WALK!” This will be a walk around the school with the aim to have all the children in grades 3 – 6, teachers, parents and friends actively participating in a fun, active, social walk. Being physically active promotes many benefits including increased fitness, co-ordination and motor skills, confidence, self-esteem and academic performance. It would be great to see lots of parents, guardians and friends turn out for this event.

The Premier’s Active Families Challenge also provides a great opportunity to get active and enjoy the benefits of a healthy lifestyle.

We would like lots of families at Drouin West to get involved and take up the challenge of doing 30 mins of physical activity a day for 30 days, let’s get more active, more often. All you need to do is grab your family and friends and register today to do 30 mins of physical activity per day for 30 days between the 4th of March and 14th April 2013.

The best part is that it is free to participate and just by registering you’ll receive:

- 20 free YMCA passes per family or team
- 15% discount at Rebel Sport
- one hour free tennis court hire at Melbourne Park or Albert Reserve
- one free child entry to the Melbourne Aquarium
- one free child entry to the National Sports Museum and MCG Tours.

You’ll also:

- have a chance to win great prizes, including iPads and Rebel Sport vouchers
- get regular tips and ideas on ways to keep your family active throughout the Challenge
- be able to nominate your school for the chance to win between $350 and $1000 in Rebel Sport vouchers as well as a coaching clinic with high-profile athletes.

To be part of the Premier’s Active Families Challenge sign up today at [www.betterhealth.vic.gov.au/challenge](http://www.betterhealth.vic.gov.au/challenge) or call 1300 463 684.

**McDonald’s Hoop Time**

McDonald’s Hoop Time is a basketball program that provides interested primary school kids with a fun and unique basketball experience, regardless of their ability. It is a series of one-day basketball round robins held at local stadiums, where teams of students from grades 3 / 4 and 5 / 6 compete against other schools. I am seeking expressions of interest from parents that would be passionate about coordinating this for our school. I have an information pack in my office which further outlines what would be involved and I am happy to answer any questions you might have. Let me know if this is of any interest!

**School Athletics Day**

The senior school (grades 3 – 6) Athletics day has been set for Tuesday the 19th of March. I have been busy finalising all the details for each of the events. We are still need extra volunteers to assist in running the events. The athletics day will run from approximately 9 am to 1 pm on the school oval. If you could help out, please fill out the below slip and return it to school with your child. Your assistance would be greatly appreciated.

thankyou

Mr Brendan Dawson

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Yes, I am available to assist with the athletic sports on Tuesday the 19th of March.

Parents Name: _____________________________________________ Child’s grade:____________________________

I will be available to help from approximately: 9 am to 1 pm or 9 am to 11am or 11:30 to 1pm

Please circle availability